

# Roosevelt Hospital Emergency Department

1000 Tenth Avenue New York, NY 10019

212-523-6800

## Take-Home Instructions for the Patient

Patient's Name: Aiken, Paul

Date: 05/23/13 05:27:55

Medical Record Number: 100004235183

Date of Service: 05/23/2013 02:44

Diagnosis: Allergic reaction (995.3)

Emergency Attending Physician: MD JUAN OROZCO

Emergency Resident Physician: MD RISHI VOHRA

Emergency Physician's Assistant:

Emergency Primary Nurse: RICHARD SAMPER, RN

Primary Care Provider: \* YOUR PRIVATE PHYSICIAN/CLINIC

PLEASE NOTE: The examination and treatment that you have received in the Emergency Department have been rendered on an emergency basis only and are not intended to be a substitute for or an effort to provide complete medical service. A follow-up doctor or facility is named below. It is important that you be checked again as recommended below and report any new or remaining problems at that time, because it is impossible to recognize and treat all elements of injury or illness in a single Emergency Department visit. For patients receiving imaging studies, (e.g. x-rays), please be advised that all study interpretations are preliminary and are followed by a review and final report. If there is a significant change in interpretation you will be notified.

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### Referral/Appointment:

Refer Patient To:: \* YOUR PRIVATE PHYSICIAN/CLINIC

PMD/Clinic not in list: PMD

Follow-up in: 1 week

Call to arrange an appointment *immediately*, to ensure you get an appointment for follow-up care within the indicated time frame. If for any reason the doctor you have been referred to cannot see you for a follow-up appointment, you can obtain additional referrals at 1-877-996-9338.

When you call for an appointment, say that you were referred from this Emergency Department.

If you cannot see the above doctor and your condition worsens so that you require emergency treatment, come back to this department.

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### PLEASE TAKE THIS WITH YOU WHEN YOU SEE DOCTOR LISTED ABOVE

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If you smoke, you are encouraged to quit in order to live longer, feel better, and heal faster. Quitting will lower your chance of heart attack, stroke, or cancer. The people you live with, especially children, will be healthier. Please contact the following numbers for additional information:

At St. Luke's: (212) 523-4410

At Roosevelt: (212) 523-6056

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### FINANCIAL ASSISTANCE

If you are uninsured and unable to pay your hospital bill, you may qualify for Financial Assistance. Please call 212-523-3900 and speak with a Financial Counselor for more information. Information about the Financial Assistance Program is also available on our website: [www.wehealny.com](http://www.wehealny.com)

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## **ALLERGIC REACTION:**

You have been seen for an allergic reaction.

An allergic reaction happens when your body reacts to something that it comes in contact with. This can be something you ate, got on your skin or inhaled. Sometimes an insect bite can cause this reaction, especially the sting from wasps, hornets and bees.

Allergic reactions can cause a number of things to happen. Some people develop hives (large raised welts), while others may develop blistering of the skin. More serious reactions include swelling of the lips and/or tongue and difficulty breathing, with or without wheezing.

In many cases the exact cause of the allergic reaction is never identified.

If you do discover the thing that you are allergic to, it is important that you avoid that item, since future allergic reactions may get much worse.

The general treatment for allergic reactions includes antihistamines (Benadryl or Atarax), and steroids. Some drugs that are used as antacids (like Pepcid, Zantac, or Tagamet), also act like antihistamines and are often used to help with the allergic reaction.

If you are given a prescription for steroid tablets, it is important to finish the entire prescription, because the allergic reaction can suddenly come back (rebound) if the steroid is suddenly stopped too early.

**YOU SHOULD SEEK MEDICAL ATTENTION IMMEDIATELY, EITHER HERE OR AT THE NEAREST EMERGENCY DEPARTMENT, IF ANY OF THE FOLLOWING OCCURS:**

- You develop swelling of the lips or tongue.
- You develop difficulty breathing or you begin wheezing.
- Your rash appears to be getting infected (redness of the skin, pain, pus, swelling, or fever).